

## **Health Scrutiny Committee**

Meeting to be held on 24 November 2015

Electoral Division affected: All
-------------------------------------

### **Lancashire Health and Wellbeing Board Update**

(Appendices A and B refer)

Contact for further information:

Richard Cooke, 07584 581466, Health Equity, Welfare and Partnerships Manager,  
richard.cooke@lancashire.gov.uk

#### **Executive Summary**

The purpose of this report is to provide an update on the progress made by the Health and Wellbeing Board and to highlight future areas of ongoing development

#### **Recommendation**

That the Health Scrutiny Committee:

1. Notes the content of this report, the areas of progress and the future focus
2. Agrees to the development of better working and links with the Health and Wellbeing Board.
3. Considers the areas for future focus of the Health and Wellbeing Board and how this aligns with their future work programme.

#### **Background and Advice**

The Health and Wellbeing Board (HWBB) is a key statutory partnership that is charged with bringing together relevant partners to improve the health and wellbeing of the people in Lancashire, to reduce health inequalities and to promote the integration of services. Whilst there are clear examples of effective collaboration through the Board it is also worth noting that the complexity and scale of Lancashire's health and social care system presents real challenges to this.

#### **Review of the Lancashire Health and Wellbeing Board**

In March 2015 the Board committed to evaluate its approach and effectiveness as the key partnership for developing integrated health and social care delivery. Through the engagement of Board members in a workshop a number of areas of focus were identified that would enhance the approach and effectiveness of the Board. The thinking around these areas was further developed through a one off meeting of partners, which, supported by examples of good practice in other authorities, has informed a refreshed approach in Lancashire.

The report at Appendix A provides a summary of the review process and outcomes and includes the 23 proposals that were subsequently agreed by the Board. Many of these proposals have already been put in place and whilst others will take a little longer to implement, work is already underway to progress these.

## **Recent developments**

***Children and Young People's Emotional Health and Wellbeing*** – at a local level the Lancashire Safeguarding Children Board raised concerns to the Board about equitable access to quality mental health services for children and young people. Recently, national guidance has also been issued through the Department of Health publication, *Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing*.

Key partners from NHS, public health, voluntary and community sector, local authority, education and youth justice sectors have worked together to develop a transformation plan for emotional health and wellbeing services for children and young people. This plan will focus support around the child and their family and on developing systems which ensure children, young people and families are at the centre of prevention, care and recovery.

The Health and Wellbeing Board has now agreed a pan Lancashire strategic plan that will lead to an improved model of delivery for children and young people and will monitor the progress in implementing this plan.

***Transforming Care for people with a learning disability*** – Lancashire has been included in the national Fast Track programme to change the way we support and care for people with learning disabilities. The Health and Wellbeing Board has now agreed the Fast Track plan which includes the development of a new integrated model of care, delivered through community teams which will have a proactive and preventative approach rather than the existing reactionary response.

***Better Care Fund*** – in January 2015 the Better Care Fund Plan was submitted by the Health and Wellbeing Board and agreed by the Department of Health. The aim of the fund is to reduce admissions to residential care and hospitals by pooling health and social care budgets to provide treatment before crisis. In 2015/16 the pooled Better Care Fund budget is £89 million. There are 21 schemes that are focussed around four key themes:

1. Out of hospital care with integrated neighbourhood teams - patient centred co-ordinated community and primary care, working in partnership with the social and voluntary sectors.
2. Reablement services - keeping patients at home independently or through appropriate interventions delivered in the community setting.
3. Intermediate Care Services - community based services 24x7, both step-up and step-down.
4. Supporting Carers - improving the quality of life for people with support needs (particularly frail elderly with long term conditions) and for their carers so they are supported to manage their own health and wellbeing wherever they can and for as long as possible.

**Alignment of Plans** – the Alignment of the Plans Report highlights the range and size of challenges across Lancashire and sets out the financial impact of these, in respect of the health and adult social care expenditure, over the next five years. It also sets out the strategic priority areas for system wide solutions to the existing 53 different strategies and planning documents containing nearly 500 schemes or interventions

The Health and Wellbeing Board has understood the challenges outlined in the report and agreed that it will provide the leadership and governance to enable and drive forward these system wide solutions.

**Health Behaviours Joint Strategic Needs Assessment** – this JSNA was commissioned by the Board and was undertaken to identify the prevalence of multiple health-enabling and health-compromising behaviours of Lancashire's residents. It has also provided an understanding of the relationship between these behaviours and their impact on the health of people in Lancashire.

This final report was agreed by the Health and Wellbeing Board together with the key priorities that the report identified which are listed below:

- Increase people's health-enabling behaviours and health literacy levels to reduce health-compromising behaviours.
- Reduce harmful drinking among identified high-risk groups and promoting sensible drinking.
- Enforcement, advocacy and legislative work around alcohol sales and minimum unit pricing.
- Promote harm reduction and recovery services for substance users.
- Support and develop work around substance misuse, dual diagnosis, and collaborative working between partner organisations.
- Address and reduce levels of obesity in adults and children.
- Increase knowledge, skills and abilities around healthy eating and nutrition.
- Challenge societal attitudes towards mental health, develop opportunities for social inclusion, social capital and mentally healthier communities.
- Increase physical activity levels among children, young people and adults by making physical activity more available/accessible.
- Improve sexual health through increasing testing and screening rates and reduce rates of under-18 conceptions and abortions.
- Reduce smoking rates in the adult population whilst preventing children and young people from smoking (including e-cigarette use).

It has been agreed that the December 2015 meeting of the Board will be delivered as a workshop to develop a Health and Wellbeing Board action plan. The priorities highlighted through the Health Behaviours JSNA will inform the development of this action plan.

### **Future focus for the Board**

**Improved outcomes for people** – progress has been made to ensure that the Board has good systems, governance and engagement in place, but it is important

that we continue to recognise that these are simply the means that allow the Board to deliver improved outcomes for the people of Lancashire.

**Leadership** – the Board, its membership and the organisations and sectors they represent need to understand the significant and future opportunities and challenges across the health and social care sector. They need to provide the leadership and direction to respond to these, making the best use of our collective resources to support vulnerable people.

**Sustainable health and social care system** – Healthier Lancashire has led the work to establish a whole system view of health and social care services and to articulate the scale of the challenge in meeting future demand for services in Lancashire. The Health and Wellbeing Board, working collaboratively with the Boards in Blackpool and Blackburn with Darwen will need to provide leadership and governance to ensure the system wide response is appropriate and effective.

**Health Scrutiny** – to develop better links between Health Scrutiny and the Board to ensure both are effective in delivering their responsibilities but also that there is an alignment in work plans and priorities to enable robust and appropriate challenge.

**Partnership structure** – to continue to strengthen and refine health and wellbeing partnerships structures (see Appendix B) to ensure they are best placed to effectively integrate health and social care services. In particular, arrangements and relationships will be strengthened between the Board and:

- Five local Health and Wellbeing Partnerships
- Blackburn with Darwen Health and Wellbeing Board
- Blackpool Health and Wellbeing Board
- Healthier Lancashire
- Other strategic partnerships including the Community Safety Partnership, Children and Young People's Trust and the Safeguarding Boards (Children's and Adults)

**Better Care Fund** – this model provides numerous possibilities to pool budgets and resources from across health and local authorities to enable a more joined up, cost effective, outcome focussed delivery

**Consultations - NA**

**Implications: NA**

**Risk management:** There are no risk management implications arising from this report.

**Local Government (Access to Information) Act 1985**

**List of Background Papers**

Paper	Date	Contact/Tel
N/A		

